**GASTROSCOPY TEST**
When requested by the practice, results are usually received within 14 days.

**Colonoscopy**
When requested by the practice, results are usually received within 14 days.

**X-Ray Results**
When requested by the practice, results are usually received within 14 days.

**Ultrasound and MRI Scans**
When requested by the practice, results usually take up to 14 days.

**Bone Density**
This test is performed at the rheumatology department. Results can take up to 14 days.

**Fungal Testing**
This test is performed on nail cuttings; the pathology labs may send an intermediate report before a final report is received. It can take as long as 28 days to receive a full report.

**Stool Samples**
Tests for infection or food poisoning can take up to 7 days.

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**Nurse Practitioners**
**Sister Carole Osborne** is our part-time Nurse Practitioner. Carole sees patients over the age of five years old and patients who are not pregnant. Carole can prescribe a range of drugs including antibiotic for all types of infections and minor illnesses.

**Sister Helen Fleming** is our full-time Nurse Practitioner. Helen sees patients over five years of age who are not pregnant and can prescribe a range of drugs including antibiotic and can treat all types of infections and minor illnesses.

**Appointments**
Appointments lasting around 10 minutes with the nursing team are available, either pre-booked in advance or on the same-day, Monday to Friday.

**Practice Nurses**
**Sister Jennifer Ramsay** Jenny is our Diabetic specialist nurse. Jenny sees patients for general nursing care and advice including blood pressure, ECG, wound care, ear syringe and travel vaccinations and cervical smears.

**Nurse Christine Russell** sees patients for general nursing care and advice including blood pressure, ECG, travel vaccination and smears. Christine holds clinics to review patients for cardio-vascular risk assessment, Asthma and COPD.

**Helen Lee** Helen is our Health Care Assistant who works full-time. Helen specialises in taking blood samples, blood pressure, ECG’s and wound care.

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**Urgent Care and Advice**
If you need urgent advice when the surgery is closed, or any time you are not sure whether to call an ambulance or go to A&E, **dial 111**.

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**Saltscar Surgery**
A guide to enquiring about Test Results

**Drs O’Flanagan, Smith, Rashid and Atxa**
22 Kirkeleatham Street
Redcar TS10 1UA
Tel. 01642 471388
www.saltscarsurgery.nhs.uk

Call for Test Results
Monday to Friday
Between 2 pm and 6 pm
**Chronic Disease Blood Tests**

**Routine Diabetic Bloods** - Patients must fast from midnight before giving blood samples for diabetic reviews. You are advised to book an early morning appointment before you have breakfast. Patients should take any prescribed medication as normal.

Blood samples should be taken 2 weeks prior to a diabetic review with the Practice Nurse. The test checks: full blood count, blood chemistry, cholesterol, liver function, glucose, thyroid function, Hba1c and eGFR. Patients should bring a urine sample (white top bottle) for a protein test when giving the blood test.

*Results are ready 3 days after giving the samples or enquire at your diabetic review appointment.*

**Routine Chronic Heart Disease** - Patients are not required to fast before giving blood samples prior to chronic heart disease (CHD) reviews. Samples should be taken 2 weeks prior to a CHD review with the specialist Heart Disease Nurse. Bloods are routinely checked for: full blood count, blood chemistry, cholesterol including full lipids, liver function, thyroid function, random glucose and eGFR.

*Results are ready after 3 days or enquire at your heart disease review appointment.*

**Chronic Kidney Disease** - Patients are not required to fast before giving blood samples. Samples monitor your kidney function, full blood count, blood chemistry, liver function, random glucose and eGFR. Patients are asked to bring a urine sample (white top bottle) for protein testing when giving blood sample.

*Results are ready after 3 days. Ring 01642 471388 in the afternoon, Monday to Friday.*

**Blood Tests**

**Cardio Vascular Disease Risk Assessment** – **Patients are required to fast** from midnight before giving a blood sample for cardio vascular risk assessment. Patients are advised to book an early morning appointment before they have breakfast. The sample, known as a fasting blood test, is to be taken 2 weeks prior to the review appointment. Bloods are tested for: fasting blood sugar, fasting cholesterol and lipids, eGFR, thyroid function, blood chemistry and kidney function.

*Results are ready 3 days after giving the samples or enquire at your heart disease review appointment.*

**Hypothyroidism** - A blood sample is required yearly to check thyroid function. Patients are not required to fast and should take medication at the normal time prior to the blood test appointment.

*For results please contact the surgery 3 days after the sample taken.*

**Warfarin Monitoring** - Results are ready within 24 hours. A practice nurse contacts each patient the day following the blood sample to advise of changes in medication dosage. If patients have not been contacted by the practice nurse, they should contact the surgery between 5.00 pm and 6.00 pm that same day.

**ECG** - Patients are requested to contact the surgery the following day after the procedure to obtain the result.

**Helico Pylori Antibody Level** - Blood tests can take up to 10 days before the surgery receives the results.

**Breath Tests** - can take up to 14 days before the results are received back into practice.

**Urine Tests**

**Red topped** sample bottles are sent to the pathology labs to be tested for possible infection. Results can take between 2 and 7 days depending on the nature of the tests.

**White topped** sample bottles: some samples can be tested at the practice and the result obtained the following day. Other samples need to be tested at the pathology labs and can take between 2 and 7 days to obtain the result. The nurse will advise you when leaving the sample.

**Pregnancy Test** - Patients are asked to submit the first sample of the day in a white topped bottle, the sample should be taken no earlier than 6 weeks from the first day of the last menstrual period. If patients wish to receive the result over the telephone a 'password' is requested at the time the sample submitted.

**Results are usually available the following day.**

**Wound Swab & Cervical Swab** - The results from a swab test can take up to 14 days depending what the sample is tested for. On occasion more than one swab test may be taken, when phoning for the result it is important to ask for all the results from the tests carried out.

**Cervical Smear** - The test is performed by our practice nurses.

**The result can take up to 6 weeks.** Patients will be informed of the result by letter from Tees Health Cervical Screening Department. The practice will only contact the patient by letter if the result is abnormal.

Patients are advised to contact the surgery after 6 weeks or at any time if they need advice or reassurance.