Repeat prescriptions will be issued only at the doctor’s discretion and are normally for patients on long-term treatment.

The Practice requires 48 hours to process your repeat (this excludes weekends and bank holidays). When ordering your medication through a pharmacy please allow an additional 2 days.

Prescriptions cannot be collected from the surgery on Saturdays.

For a repeat of medication issued for the first time by a hospital consultant, the doctor requires written details of medication from the hospital before a repeat can be issued. This may require more than 48 hours.

Patients will be required to attend the surgery once a year for a medication review.

The Practice does not take telephone requests for medication

All local pharmacies provide a prescription collection service. Many pharmacies provide a home delivery service for patients who are housebound. Please enquire with the pharmacy of your choice.

You could save money by buying a Prescription Pre-payment Certificate (PPC). Visit https://apps.nhsbsa.nhs.uk/ppcwebsales/patient.do or telephone 0300 330 1341 or complete a prescription pre-payment certificate application form, available from pharmacists and GP surgeries.

Check whether you can get free prescriptions, look in leaflet HC11 ‘Help with Health Costs’ available from some pharmacists and GP surgeries. Or look at www.dh.gov.uk/helpwithhealthcosts

People aged 60 or over get free prescriptions.

The Doctors in this Practice prescribe only short courses of the following drugs in exceptional circumstances due to their addictive nature:
- Temazepam
- Nitrazepam
- Lormetazepam
- Diazepam
- Lorazolam
- Zopiclone
- Zolpidem

All of the above require confirmation of collection by signing a recording card on collection. If you require someone to collect on your behalf, a collection authorization form will be required.

The Practice does not routinely process prescriptions on the same day unless it is thought vital to your health (for example Warfarin or Insulin). Please order repeat requests 3 to 7 days before they are due to run out.
**REPEAT PRESCRIPTIONS**

**Ordering your repeat prescription**

- Tick the items you require on your repeat medication slip. Ensure your name and address are on all pages of the repeat request.
- If you are ordering your medication early, please give the reason for the early request *i.e.* holiday.

**You can place your order . . .**

- **Online** through the practice web site: www.saltscarsurgery.nhs.uk - ask reception for your log-in details.
- **Through your chosen pharmacy.** Ask them to order as you need, or to set up an automatic repeat.
- **In person** - Place into the repeat prescription box at reception.

**Adverse Reactions**

*If you suffer any adverse reactions to your medication please ring 01642 484495 and arrange to consult your doctor urgently.*

Reactions may include nausea, dizziness or upset digestion amongst other things.

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**ACUTE PRESCRIPTIONS**

For a repeat of medication which has been issued as a one off or acute, you may require an appointment at the surgery or telephone consultation with a doctor or a nurse practitioner.

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**COLLECTION**

**Prescriptions can be collected from . . .**

- The surgery Monday – Friday during office hours. *We regret that the service is not available on Saturday mornings.*
- Prescriptions are transferred electronically from the surgery to your preferred pharmacy where the order will be waiting for you to collect.

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**PHARMACIES**

- Boots, High Street 482172
- Clevechem, Redcar Prim. Care Hospital 471316
- Coopers, Coatham Rd, Redcar 483861
- Coopers, Marske 485651
- Lloyds Pharmacy, Dormanstown 490964
- Park Avenue 484363
- Pharmed2U The Ings 485088
- Scottchem, Roseberry Square 486186
- Tesco Pharmacy 411447

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**ANTIBIOTICS**

*Viruses* cause many common infections. Antibiotics do not kill viruses, but only *bacteria*. Many infections caused by bacteria get better without an antibiotic.

**You must not take antibiotics unnecessarily. This is because . . .**

- Healthy people can fight off lots of infections caused by bacteria without the need for antibiotics.
- If antibiotics are over used, common bacteria may become resistant. Then antibiotics might not be as effective when they are really needed.
- Viruses cause most coughs and sore throats, cold and flu but antibiotics do not kill viruses or cure colds and flu.
- Antibiotics can have unpleasant side effects such as thrush, diarrhoea, rashes or feeling sick.
- Some *bacterial* infections do need antibiotics and your doctor will check you over to before prescribing the appropriate form of antibiotic.

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**Surplus medicines**

*Please return all unused medicines to any pharmacy.*

Do not return them to the surgery or flush them down the toilet or place in a dustbin.